



## Code of Conduct for Parents 2016

---

### Parents agree to adhere to the following code of conduct.

#### Health:

1. Ensure you have completed and returned the Health and Consent form as requested by the club. Inform the club of any changes that arise.
2. Ensure the club has up to date contact details and mobile numbers.
3. Ensure the coach is aware of any health issues, illness or injury or anything else that might affect a swimmer's ability to train, both in the short term and long term.
4. Inform the coach of any medications being taken by swimmers.
5. Refrain from doing anything that might give a swimmer an unfair advantage and be aware of the rules of acceptable medication.
6. Ensure your child's needs are met in terms of nutritional needs and listen to advice given from the club coach.
7. Inform your coach if your child is training elsewhere (either swimming or another sport).

#### Welfare

8. Any child under the age of 9 years, must be accompanied by a parent or guardian for the whole session.
9. For children over 9 years of age you must stay to check a coach is present, the session is running, and your child is in the water before leaving.
10. Ensure you deliver and collect your child punctually to and from coaching sessions/swim meets. If your child is to be collected early, you must inform the coach before the session and tell them who will be collecting. If a child is not collected within a reasonable time, welfare procedures will be followed (coaches may need to contact police/social services in accordance with child protection policies).
11. If a swimmer is more than 10 minutes late it is up to the coach as to whether they swim or not.
12. Ensure your child is properly attired for the training session/event - including all required equipment i.e. hat, goggles, fins, kickboard.
13. Ensure your child has a drink for the session.
14. Swimmers should attend only the sessions for their squad to ensure everyone gets beneficial training.
15. No photographs or videos are to be taken in the changing rooms or on poolside unless prior consent has been obtained from the club. This includes the use of camera phones.

#### Behaviour

16. Most of all, help your child enjoy the sport and achieve to the best of their ability.
17. Encourage your child to obey the rules, talking through the swimmers code of conduct and anti-bullying policies with them.
18. Show appreciation and support your child and all swimmers.
19. Behave responsibly as a spectator at training /meets and treat swimmers, coaches, committee members and the parents of yours and other clubs with due respect upholding the ASA commitment to equality, diversity and inclusion.
20. Refrain from criticising the coach in front of swimmers as this will destroy the swimmer's trust in his coach and refrain from criticising officials, team members, competitors and coaches. Please arrange an appropriate time to discuss any issues.
21. Do not enter/or interrupt coaching sessions or competitions unless requested to do so or in an emergency. If you wish to have a discussion with the coach, please speak to a member of the coaching team to arrange an appropriate time.

22. Parents must be responsible for the safety and behaviour of their own children when not in the pool area. This includes the changing rooms and outside areas – Bristol North do not have staff to steward these areas which are open to the public.

### **Communication**

23. Be honest and open with the coaches.
24. Private discussions with coaches should be treated as confidential.
25. Please support the club coach and committee appropriately and raise any concerns you have in an appropriate manner (details of the club Welfare Officer can be found on the notice board and website).
26. Check the website and notice board for information regularly and tick for galas promptly. In the event of being unavailable please inform the coach /cross name off so that other swimmers can be offered the place and a full team selected.

### **The Club will undertake to:**

27. Inform you at once if your child is ill and ensure their wellbeing until you are able to collect him/her.
28. Ensure good child safeguarding guidelines are followed at all times to keep your child safe.
29. Ensure all activities are properly supervised/taught/coached and consent is obtained for any activity outside of that previously agreed.

### **The Parent has a right to:**

- Make a complaint to the club if they feel the club or a member of the club is not acting appropriate to ASA/club rules and regulations. Details of how to do this can be obtained from the club welfare officer.
- Make a complaint on behalf of their child to the ASA Office of Judicial Administration.