



# BNSC Code of Conduct for children

As a member of BNSC, we understand you have the right to:

- Enjoy the time you spend with us and know that you are safe.
- Be told who you can talk to if something's not right.
- Be listened to.
- Be involved and contribute towards decisions within the club or activity.
- Be respected by us and other team members and be treated fairly.
- Feel welcomed, valued and not judged based on your race, gender, sexuality, faith or ability.
- Be encouraged and develop your swimming with our help and support.
- Be looked after if there's an accident or injury and have your parents/guardians informed, where appropriate.

As a member of BNSC we expect you to:

## Essentials

- 1 Keep yourself safe by listening to your coach or teacher, behave responsibly and speak out when something isn't right.
- 2 Take care of our equipment and premises as if they were your own.
- 3 Make it to training and competitions on time and if you're running late, let a member of the club know.
- 4 Make your coach or teacher aware if you have any difficulties attending training or competitions.
- 5 Not wander off, go to the toilet or leave training or a competition without telling your coach, teacher or team manager, reporting back on your return as necessary.
- 6 Bring the right kit to training and competitions.
- 7 Follow the rules of the club, squad or activity at all times.
- 8 Respect the privacy of others especially in the changing rooms.

- 9 I will not stop and stand in the lane, or obstruct others from completing their training. If I need to stop to allow someone to pass, I will do so at the wall, giving the incoming swimmer space to tumble turn properly.
- 10 I will not climb or pull on the ropes as this may injure other swimmers and/or break the ropes.
- 11 I will not skip lengths or sets – to do so means I would only be cheating myself.
- 12 If I need to leave early I will inform the coach at the beginning of the session and wait poolside for collection after changing.
- 13 If BNSC provide a coach or similar transport to an event, then
  - a. I will remain seated throughout the journey
  - b. I will not interfere with any safety equipment including alarm buttons, switches handles etc.
  - c. I will use the seat belts at all times where provided
  - d. I will respect the condition of the coach and place any rubbish into bags that may be provided
  - e. I will comply with any instruction from the coach driver and/or team manager
- 14 When represented BNSC at events I will:
  - a. Report to the coach/ team manager as soon as I arrive poolside
  - b. Warm up before the event as directed by the coach in charge on that day and ensure I fully prepare myself for the race.
  - c. If I have to leave poolside for any reason, I will inform, and in some cases, get the consent of the team manager/coach before doing so.
  - d. I will listen for race announcements and the Team Manager to instruct me to go to the marshalling area in time and report in.
  - e. I will take my hat, goggles, warm uniform and drink with me.
  - f. Report to my coach for feedback after my race.
  - g. Support my team mates throughout the competition. Everyone likes to be supported and they will be supporting me in return.
  - h. My behaviour in the swim down facility must be appropriate and respectful to other users at all times.

## **Behaviour**

- 1 Make BNSC a fun, happy, friendly and welcoming place to be.
- 2 Respect and celebrate difference in our club or activity and not discriminate against anyone else on the grounds of age, gender, race, sexual orientation, faith or ability.
- 3 Understand that the use of abusive or inappropriate language, bullying, physical violence or any other behaviour which hurts others will not be tolerated by the club.
- 4 Not use any device to take photographs or footage of others in the changing rooms or cubicles.
- 5 Report any concerns you have about others taking photographs or footage of others in the changing rooms or poolside.

- 6 Understand that poor behaviour may result in the club taking disciplinary action against you. Any behaviour which may be a criminal offence will be reported to police by the club.
- 7 Report any incidents of bullying or unkind behaviour to the club, even if you're just a witness.
- 8 Treat other children with respect and appreciate that everyone has a different level of skill or talent.
- 9 Support and encourage your team mates, tell them when they've done well and be there for them when they are struggling.
- 10 Respect the children and adults competing for other teams at competitions.
- 11 Respect the committee members, coaching and teaching team and all volunteer helpers at BNSC.
- 12 Get involved in club decisions, it's your sport too.

**Breaches of this Code of Conduct may result in disciplinary action being taken against you by the club committee.**

Signature of the child

Signature of parent/guardian

Date

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*Contacts: Welfare Officer*