



BNSC Code of Conduct for children

As a member of BNSC, we understand you have the right to:

- Enjoy the time you spend with us and know that you are safe.
- Be told who you can talk to if something's not right.
- Be listened to.
- Be involved and contribute towards decisions within the club or activity.
- Be respected by us and other team members and be treated fairly.
- Feel welcomed, valued and not judged based on your race, gender, sexuality, faith or ability.
- Be encouraged and develop your swimming with our help and support.
- Be looked after if there's an accident or injury and have your parents/guardians informed, where appropriate.

As a member of BNSC we expect you to:

Essentials

- 1 Keep yourself safe by listening to your coach or teacher, behave responsibly and speak out when something isn't right.
- 2 Take care of our equipment and premises as if they were your own.
- 3 Make it to training and competitions on time and if you're running late, let a member of the club know.
- 4 Make your coach or teacher aware if you have any difficulties attending training or competitions.
- 5 Not wander off, go to the toilet or leave training or a competition without telling your coach, teacher or team manager, reporting back on your return as necessary.
- 6 Bring the right kit to training and competitions.
- 7 Follow the rules of the club, squad or activity at all times.
- 8 Respect the privacy of others especially in the changing rooms.

- 9 I will never use any mobile phone or other device, at any time, in the changing rooms or cubicles.
- 10 I will not stop and stand in the lane, or obstruct others from completing their training. If I need to stop to allow someone to pass, I will do so at the wall, giving the incoming swimmer space to tumble turn properly.
- 11 I will not climb or pull on the ropes as this may injure other swimmers and/or break the ropes.
- 12 I will not skip lengths or sets – to do so means I would only be cheating myself.
- 13 If I need to leave early I will inform the coach at the beginning of the session and wait poolside for collection after changing.
- 14 If BNSC provide a coach or similar transport to an event, then
 - a. I will remain seated throughout the journey
 - b. I will not interfere with any safety equipment including alarm buttons, switches handles etc.
 - c. I will use the seat belts at all times where provided
 - d. I will respect the condition of the coach and place any rubbish into bags that may be provided
 - e. I will comply with any instruction from the coach driver and/or team manager
- 15 When represented BNSC at events I will:
 - a. Report to the coach/ team manager as soon as I arrive poolside
 - b. Warm up before the event as directed by the coach in charge on that day and ensure I fully prepare myself for the race.
 - c. If I have to leave poolside for any reason, I will inform, and in some cases, get the consent of the team manager/coach before doing so.
 - d. I will listen for race announcements and the Team Manager to instruct me to go to the marshalling area in time and report in.
 - e. I will take my hat, goggles, warm uniform and drink with me.
 - f. Report to my coach for feedback after my race.
 - g. Support my team mates throughout the competition. Everyone likes to be supported and they will be supporting me in return.
 - h. My behaviour in the swim down facility must be appropriate and respectful to other users at all times.
- 16 I understand that I need to adhere to the code of conduct and understand that if I stray from the code of conduct the following steps will be taken:
 - a. I will be reminded of my conduct
 - b. I will be warned again about my conduct
 - c. I may miss trainingNote that dependant on the severity of the breach of the code of conduct and behaviour, steps a. and b. may be skipped and move straight to step c.

Behaviour

- 1 Make BNSC a fun, happy, friendly and welcoming place to be.
- 2 Respect and celebrate difference in our club or activity and not discriminate against anyone else on the grounds of age, gender, race, sexual orientation, faith or ability.

- 3 Understand that the use of abusive or inappropriate language, bullying, physical violence or any other behaviour which hurts others will not be tolerated by the club.
- 4 Never use a phone or mobile device in the changing rooms and report any concerns you have about others using mobile phones or other devices or taking photographs or footage of others in the changing rooms or poolside.
- 5 Understand that poor behaviour may result in the club taking disciplinary action against you. Any behaviour which may be a criminal offence will be reported to police by the club.
- 6 Report any incidents of bullying or unkind behaviour to the club, even if you're just a witness.
- 7 Treat other children with respect and appreciate that everyone has a different level of skill or talent.
- 8 Support and encourage your team mates, tell them when they've done well and be there for them when they are struggling.
- 9 Respect the children and adults competing for other teams at competitions.
- 10 Respect the committee members, coaching and teaching team and all volunteer helpers at BNSC.
- 11 Get involved in club decisions, it's your sport too.

Breaches of this Code of Conduct may result in disciplinary action being taken against you by the club committee.

Signature of the child

Signature of parent/guardian

Date

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Contacts: Welfare Officer*